

Name: _____ Today's Date: / /

Date of birth: _____ Age: _____ Sex: M F

Street address: _____ Apt: _____ PO Box: _____

City: _____ State: _____ Zip: _____

Email address: _____

Home phone: _____ Cell: _____ Work: _____

**Calls will be discreet, but please indicate any restrictions or preferences:*

Emergency Contact (couples: other than spouse): _____ Relationship to You: _____

Best phone for them: _____

Your Occupation: _____

Have you received counseling, psychological, or psychiatric services in the past? If yes, where and for what reason?

What medications (prescriptions) are you on for psychological purposes and name of doctor?

Sometimes People have reluctance or hesitation in seeking professional help. Please mark the degree of hesitation or reluctance you feel: None Some A Lot

Please check the issues or difficulties which prompted you to seek counseling:

- | | | |
|--|---|--|
| <input type="checkbox"/> Relationship Problems | <input type="checkbox"/> Life Transition | <input type="checkbox"/> Trust Issues |
| <input type="checkbox"/> Family Dynamics | <input type="checkbox"/> Work Problems | <input type="checkbox"/> Alcohol or drug use |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Traumatic Events | <input type="checkbox"/> Sexual-Emotional-Physical |
| <input type="checkbox"/> Grief/Death/Loss | <input type="checkbox"/> Stress / Anxiety | <input type="checkbox"/> Anger |

Other issues you would like to specify:
